

Where can I get the Advance Care Directive Form and Kit?

- Go to the **Advance Care Directives website:** www.advancecaredirectives.sa.gov.au

Here you can:

- a) Download and print the FREE Form and Kit
 - b) Complete an interactive Form online which will guide you through the process for FREE
 - c) Purchase a hard copy of the Form and Kit to be sent to a nominated address.
- Go to a **Service SA Centre** to purchase a hard copy of the Form and Kit, or call Service SA on 13 23 24 during business hours to order a hard copy to be sent to a nominated address.

To locate your closest Service SA Centre go to www.sa.gov.au/directories/customer-service-centres.



For more information

The Advance Care Directive website has additional information, fact sheets, resources and links to help you to complete your Advance Care Directive Form.

Visit www.advancecaredirectives.sa.gov.au and make your future health and life choices known.

The Legal Services Commission can give advice and witness your Advance Care Directive Form for free.

Phone **1300 366 424**



Make your wishes for care clear today, in case you can't tomorrow.

An Advance Care Directive gives those who care for you a clear understanding of your needs and wishes should you lose the ability to communicate them for yourself.



 Advance Care Directive
Your wishes for future care

There may come a time when you are unable to make a decision or properly communicate your wishes on how you'd like to be cared for or treated.

It could be for a number of reasons including:

- an accident or mental health episode
- dementia or similar condition
- a sudden serious stroke or
- because you are unconscious or in a coma.

This can happen at any age or stage of life. If it did, how would you want decisions to be made for you about your ongoing health care, living arrangements and other personal matters? And, who would you want to make those decisions for you?



The Advance Care Directive

The new Advance Care Directive is an important step forward in planning for your health care.

The new Advance Care Directive replaces the existing Enduring Power of Guardianship, Medical Power of Attorney and Anticipatory Direction with a single Advance Care Directive Form.

What will it allow me to do?

The new Advance Care Directive allows you to:

- write down your wishes, preferences and instructions for your future health care, end of life, living arrangements and personal matters; and/or
- appoint one or more Substitute Decision-Makers to make these decisions on your behalf, if you are unable to make them for yourself.

Why should I have one?

It will give you peace of mind that those caring for you will know what you want, when you are unable to make your own decisions or communicate your wishes and values.



What does the Kit contain?

The Kit contains the Advance Care Directive Form and a step-by-step guide that gives you everything you need to complete your Advance Care Directive Form.

This includes: example statements, information for Substitute Decision-Makers, witnesses and interpreters, fact sheets and other resources and links.